



**SUB ZERO 2020** update 13<sup>th</sup> March 2020 – 3:30pm

We have been advised by The PEAK at Stirling Sports Village, who are taking advice from their local government, that at this moment in time we should continue to deliver Sub Zero 2020 on 21-22 March.

Please see the information from the centre as follows:

"As announced by First Minister Nicola Sturgeon and the Scottish Government yesterday Thursday 12 March, gatherings of more than 500 people should be cancelled from next week. First Minister Nicola Sturgeon said this was to free up emergency services, including police and ambulance crews, to deal with the coronavirus outbreak.

The events we have programmed would not impact on the emergency services in this way so we have agreed that these events will continue to run, unless further guidance and decisions are made by the Government to cancel ALL events of 500 people or more, regardless of whether emergency services are attending.

All event participants are reminded to adhere to the current coronavirus guidelines put in place by the UK and Scottish Governments by not entering The PEAK if you have a new continuous cough or temperature. If you do have these symptoms then you must self-isolate for 7 days. Also a reminder if you have visited Wuhan or Hubei, a Category 1 country or the H10 Costa Adeje Palace Hotel, Tenerife, with or without symptoms then you must not enter.

Cleanliness remains a top priority in The PEAK and in particular the gyms and studios and we continue to ask all customers to wipe down all equipment including mats after every use with the antibacterial wipes *<clarification: this applies to equipment in their gyms and studios, such as individual gym mats>*, and to use the hand sanitiser stations provided.

A further update will be provided regarding the measures we have put in place to keep the rest of our facilities, activities and programmes running as normal as possible in The PEAK and at other community venues across Stirling and in the interests of the safety of all employees and customers.

We will continue to monitor the situation regarding events and update any change."

<https://www.facebook.com/thepeakstirling/>

Please be assured we will continue to provide updates should anything change. At this time, we are receiving a very large number of messages and may not be able to respond as quickly as normal. Thanks in advance for your patience, and please keep checking our social media for information.

Sub Zero Coaches - you have received an update today, with further information to follow. Please continue to monitor your inbox for further emails.

Many thanks.