



UK SCORING SYSTEM

2025 - 2026

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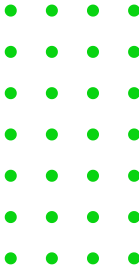




Revision Information



Version	Date	Changes
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Introduction

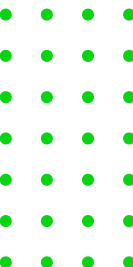
Purpose of this document

Purpose of Document

The purpose of this document is to clearly outline the expectations for cheer stunt groups and partner stunts participating in competitions hosted by event providers (EPs).

Age and Level Divisions

Age groups and levels for stunt groups are determined by the SportCheer UK (SCUK) age grid. These divisions may vary depending on the structure of each competition. Not all divisions will be available at every EP event; availability is subject to the discretion of the event provider.





Stunt Groups

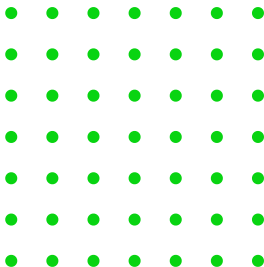
Divisions Scored on this Rubric

Level 1 and below - U6, U8, U10, U12, U14, U16, U18, Senior, Open / Uni, AA youth, AA senior
Level 2 - U8, AA youth, AA senior
Level 3 - AA youth, AA senior
Level 4 - AA senior



Difficulty

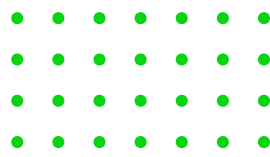
Section	Guide	Ranges
Skill Quantity	Number of different Level Appropriate skills	0.0 - No LAP Skills 1.0 - 1-2 LAP Skills 2.0 - 3-4 LAP Skills 2.5 - 5-6 LAP Skills 3.0 - 7-8 LAP Skills 3.5 - 9-10 LAP Skills 4.0 - 11-12 LAP Skills 4.5 - 12-14 LAP Skills 5.0 - 15+ LAP Skills
Skill Difficulty	Should include - Technical complexity, variety of skills, transitions and connections, group composition, risk and innovation	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0





Section	Guide	Ranges
Skill Technique	Should include - body alignment and form, control and stability, timing, mounts, dismount and transition form, safety and technique consistency	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0
Pace of Routine	Should include - flow and continuity, balance of elements, timing and rhythm, energy maintenance, audience engagement	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0

Section	Guide	Ranges
Routine Execution and Choreography	Should Consider - choreography design and execution, transition and flow, visual effect, cohesion and flow.	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0
Overall Impression	Should Consider - Creativity and originality, performance energy and engagement, professionalism and polish, impact.	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0





Stunt Groups

Divisions Scored on this Rubric

Level 2 - U10, U12, U14, U16, U18, Senior, Open / Uni

Level 3 - U12, U14, U16, U18, Senior, Open / Uni

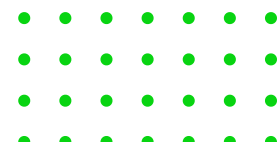
Level 4 - U12, U14, U16, U18, Senior, Open / Uni

Level 5 - U12, U14, U16, U18, Senior, Open / Uni

Level 6 - U14, U16, U18, Senior, Open / Uni

Difficulty

Section	Guide	Ranges
Skill Quantity	Number of different Level Appropriate skills	0.0 - No LAP Skills 1.0 - 1-2 LAP Skills 2.0 - 3-4 LAP Skills 2.5 - 5-6 LAP Skills 3.0 - 7-8 LAP Skills 3.5 - 9-10 LAP Skills 4.0 - 11-12 LAP Skills 4.5 - 12-14 LAP Skills 5.0 - 15+ LAP Skills
Skill Difficulty	Should include - Technical complexity, variety of skills, transitions and connections, group composition, risk and innovation	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0
Toss Quantity	Number of LAP Tosses	0.0 - No LAP Tosses 2.0 - 1 LAP Toss 4.0 - 2 LAP Tosses 5.0 - 3+ LAP Tosses





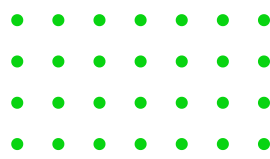
Stunt Group

Technique

Section	Guide	Ranges
Skill Technique	Should include - body alignment and form, control and stability, timing, mounts, dismount and transition form, safety and technique consistency	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0
Toss Technique	Should include - Height and power, form and body position, control and stability, catch technique	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0
Pace of Routine	Should include - flow and continuity, balance of elements, timing and rhythm, energy maintenance, audience engagement	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0

Overall

Section	Guide	Ranges
Routine Execution and Choreography	Should Consider - choreography design and execution, transition and flow, visual effect, cohesion and flow.	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0
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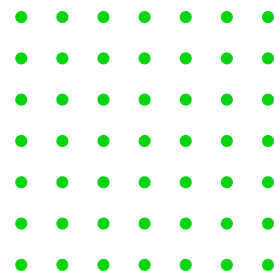
Partner Stunt

Divisions Scored on this Rubric

Level 6 - U14, U16, U18, Senior, Open / Uni, AA Junior, AA Senior

Difficulty

Section	Guide	Ranges
Skill Quantity	Number of different Level Appropriate skills	0.0 - No LAP Skills 1.0 - 1 LAP Skills 2.0 - 2 LAP Skills 2.5 - 3-4 LAP Skills 3.5 - 5-6 LAP Skills 4.5 - 7-9 LAP Skills 5.0 - 10+ LAP Skills
Skill Difficulty	Should include - Technical complexity, variety of skills, transitions and connections, group composition, risk and innovation	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0





Partner Stunt

Technique

Section	Guide	Ranges
Skill Technique	Should include - body alignment and form, control and stability, timing, mounts, dismount and transition form, safety and technique consistency	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0
Pace of Routine	Should include - flow and continuity, balance of elements, timing and rhythm, energy maintenance, audience engagement	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0

Overall

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Routine Execution and Choreography	Should Consider - choreography design and execution, transition and flow, visual effect, cohesion and flow.	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0
Overall Impression	Should Consider - Creativity and originality, performance energy and engagement, professionalism and polish, impact.	Excellent 4.0-5.0 Good 3.0-4.0 Fair 2.0-3.0 Needs Improvement 1.0-2.0

